# **NDIS Pre-Planning Tool**

Participant name:	Cultural background:	
Date of birth:	NDIS number:	
Phone number:	Email address:	
Parent/Carer:	Phone number:	
Relationship to participant:	Email address:	
Parent/Carer:	Phone number:	
Relationship to participant:	Email address:	
OOHC Caseworker:	Phone number:	
Email address:		

#### **About me**

Who do you live with? What things do you like to do? Regular activities? What days do you work? Where do you go to school?

Goals		
Goal 1		
Goal 2		
Goal 3		
Goal 4		
Goal 5		
Goal 6		
Goal 7		

### My current supports

Type of support	How much support do you receive?  How often do you receive it?
Assistance with daily personal activities (personal care, shopping, house cleaning, cooking, night supports etc.)	
Centre based group activities (play group, social groups, cooking classes etc.)	
Transition supports (Transition to work)	
Employment (List DMI if supported employment)	
Supported living in a shared arrangement	
Support coordination (list current provider)	
Financial Plan Management (list current provider)	
Therapies (Speech, OT, Psych, OT, Behavioural, Music etc.)	
Respite (in home and/or centre based hours)	
Mainstream/Community Supports (doctors, specialists, community services)	
Informal Supports (parents, grandparents etc.)	
Transport (in school transport)	
Modifications (house or vehicle)	



My daily activities				
	Morning 1am – 12pm (NOON)	Afternoon 12pm (NOON) – 6pm	Night 6pm – 12am (MIDNIGHT)	
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				
	Comments about my daily activities		Sometimes I	

#### My current equipment

Do you use equipment (hoist, wheelchair, walking frame, orthotics, technology (Bluetooth connections, apps), hearing aids, car/home modification?) Aide, equipment, technology or How often do you use it? modification currently in use? What equipment do you need?



#### **Support Network**

Type of support  Why is this support important?  What would happen if this support wasn't available?  Does the NDIS offer an alternative wasn't available?  Carer:  Obtain access to services:  Provide knowledge about disability and the child's needs  Emolorial support to carer and child Child:  Supports carer when they are stressed:  Heigs me by taking to me and explaining what is going to happen so that I understand  What would happen if this support wasn't available?  Carer:  Obtain access to services:  Provide knowledge about disability and the child will miss out on a service/ treatment that may really help him.  No one to tak too what I feel I can't cope and I want to give up  Child:  It would make me anxious and stressed which would impact my behaviour.  NDIS Support Coordinator  Psychologist for child and carer  Child:  It would make me anxious ond stressed which would impact my behaviour.	• • • • • • • • • • • • • • • • • • • •			
<ul> <li>Obtain access to services</li> <li>Provide knowledge about disability and the child's needs</li> <li>Emotional support to carer and child</li> <li>Supports carer when they are stressed</li> <li>Helps me by talking to me and explaining what</li> <li>I'm afraid I won't know what to do and my child will miss out on a service/ treatment that may really help him</li> <li>No one to talk too when I feel I can't cope and I want to give up</li> <li>Child:</li> <li>It would make me anxious and stressed which</li> </ul>	Type of support	Why is this support important?		Does the NDIS offer an alternative?
<ul> <li>Provide knowledge about disability and the child's needs</li> <li>Emotional support to carer and child</li> <li>Child:</li> <li>Supports carer when they are stressed</li> <li>Helps me by talking to me and explaining what</li> </ul> <ul> <li>will miss out on a service/ treatment that may really help him</li> <li>No one to talk too when I feel I can't cope and I want to give up</li> </ul> <ul> <li>Child:</li> <li>It would make me anxious and stressed which</li> </ul>	Disability Caseworker			NDIS Support Coordinator
		<ul> <li>Provide knowledge about disability and the child's needs</li> <li>Emotional support to carer and child</li> <li>Child:</li> <li>Supports carer when they are stressed</li> <li>Helps me by talking to me and explaining what</li> </ul>	will miss out on a service/ treatment that may really help him  No one to talk too when I feel I can't cope and I want to give up  Child:  It would make me anxious and stressed which	Psychologist for child and carer



Carer Support
Are there things that are likely to impact on the support that the carer provides to the individual over the next 12 months?
Can the current level of support continue to be provided by the carer, to the individual in the future?
What supports are needed to help the carer continue to provide support? E.g. training in behaviour management, supported decision making
Does the carer receive any support for their carer role? E.g. Centrelink funding, OOHC caseworker, a carer support group, counselling etc.



#### Transport

Is there current transport services being used? Specialised transport for school/TAFE/employment/community?

Type of transport	Frequency	Transport needed



# Developmental areas of concern – impacts on every day functioning

Area of concern/consideration Communication skills, independence, life skills, mobility, emotional etc.	What is currently happening? What are the impacts on current life?	Functional goal and how it can best be delivered?  Consider key worker, therapy assistance, group programs, coordination of supports, financial plan management, regular therapy, community support worker etc.

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### **Supporting documentation**

Supporting letters, outlining services that are currently being provided, services that need to be provided in the future, frequency, diagnosis, recommendations etc.

GP	Psychologist	Case worker
Speech Therapist	Psychiatrist	Mentoring
Occupational Therapist	Physiotherapist	Support coordinator
Incident reports	Other (music therapy, anger management classes, support groups etc.)	Specialist
Risk assessments	School report/counsellor report	Behaviour Management Plan